

## Sit Spot Activity

### Part I

Find a spot that is away from other students. Do not interact with other students once you have found your sit-spot. When you find your spot, put a dot in the center of the paper. This will represent where you are. The space at the top of the paper will be the space in front of you, right side of the paper is your right, etc. Close your eyes and listen. You have five-minutes to record the sounds you hear, things you smell, and what you may feel (i.e., warm sun, cool breeze, fly landed on them, etc.). You can choose to write things down as you experience them, or wait until the time is up to complete their map.

Place the sounds, smells and feelings on the map in relation to where you are sitting. For example, if you heard someone walking in high heels behind you, you might draw a pair of high heels on the paper behind the dot that represents you. After you've finished your sound map, you have 10-15 minutes to observe the habitat in your area. Describe the insects and their habitat (food, water, shelter, space).

- 1) Search for insects. a. On the ground b. In the soil, c. In trees, d. In shrubs, e. On grasses, etc.
- 2) Describe what the insect looked like (they can do this either by drawing or writing).
- 3) Explain what the insect was on?
- 4) Describe the insects behavior.
- 5) Write what time of day did they saw the insect.
- 6) Describe what was the weather like.
- 7) Explain whether the insect was alone or with other insects? You can write or draw about the insects you found and the environment you found them in.

### Part II

Once students are back in the classroom, pair with a partner and ask them:

- 1) Describe your insect habitat.
- 2) Describe what you noticed about the insects you found.
- 3) What similarities or differences did you notice?
- 4) What is one thing you found interesting about observing an insect's habitat?
- 5) Did you observe any pollination?

After you've shared with your partner, compare the insects and habitat they were in.

- 1) What were the similarities? The differences?
- 2) How do you think the plants help the insects, and the insects help the plants? Give students about five minutes for this and then share some examples as a class.